Indications For Use: Controls pain associated with injections (venipuncture, IV starts, surgical procedures) and the temporary relief of minor injuries (muscle or tendon aches, splinters and bee stings). Also intended to treat myofascial pain caused by trigger points, restricted motion and muscle tension.

Warnings: For intended use only • Direct or prolonged application of ice could vasocostrict or alter lab values.

Contraindications: Do not use in the presence of unexplained calf pain. Consult a physician. • This device should not be used over swollen or inflamed areas or skin eruptions. • Do not place directly on a thermal burn • Do not use ice pack with underlying sensitivities to ice or cold (e.g. Sickle Cell Disease, Reynaud’s Disease).

Cautions:
- Store wings in a cool, dry place. • Wings must be frozen solid for best effect. • Do not use dry ice to freeze wings unless supervised by a healthcare professional • Do not puncture ice pack chambers. • Discard if leaking. • Do not ingest gel. • Keep out of reach of children or pets. • Do not use with neuropathy, CRPS, or sensitivities to ice.

Environmental conditions: Transport and storage between uses: -25 to 70 °C. 0-95% RH. 700-1060 hPa.

Operating conditions: 5-40 °C. 15-95% RH. 700-1060 hPa. 2000m altitude.

Model Differences:
- Buzzy® Mini: Comes with Buzzy® vibration unit with button switch and energy saving automatic 3-minute shut-off, four reusable ice wings and 2 Comfort Straps, and instructions. Press and hold button firmly until vibration activates.
- Buzzy® XL: Comes with Buzzy® vibration unit with toggle switch, four reusable ice wings and 2 Comfort Straps, and instructions. Keep the tape on the switch during transport to avoid accidental activation. Activate with the on/off toggle switch.

Troubleshooting:
- Second to activate or turn off: Press switch firmly for 1/2 second to activate or turn off.
- If ice pack is not freezing, replace ice pack and repeat procedure.
- If no vibration occurs, replace batteries. If no vibration occurs, replace batteries. If no vibration occurs, replace batteries.
- If device does not power on or off, replace batteries. If device does not power on or off, replace batteries. If device does not power on or off, replace batteries.

Guarantee: For Injuries • Provided free by (name of facility) to ensure patient safety. For Buzzy® Mini Healthcare (Striped, Black, and LadyBuzz) reusable device for minor aches and pains. Developed by a physician, Buzzy® is a registered trademark of Pain Care Labs, LLC. Please visit our website buzzyhelps.com for a complete list of FAQ’s, other pain management tips, how-to videos, and more.

Transport and storage: Buzzy® Healthcare is for use in a professional healthcare facility. Please store in a cool, dry place. Please keep out of reach of children or pets. • Do not use with neuropathy, CRPS, or sensitivities to ice.

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Directions For Use:

Place wings in freezer.
(Do not freeze vibration unit). Leave in until frozen solid (~30-60 minutes). Remove wings from freezer just prior to use. Wings stay frozen for ~10 minutes at room temp.

Note: To transport, place between 2 commercial cold packs (sold separately) in an insulated environment to maintain frozen temperature.

Why Frozen?
Our unique formula freezes solid to transmit vibration; commercial gels absorb the specific vibration frequency needed for pain. Ice provides up to 60% of the numbing, because intense cold causes the brain to inhibit pain everywhere.

Attach wings to back of Buzzy®.

Flip switch or press button firmly to activate.

Why Does Placement Matter?
Vibration and cold are transmitted together to the same place in the spine as pain. To block pain, Buzzy® needs to be on the same nerve paths as the source of the pain.

For finger sticks or splinter removal:
Press Buzzy® onto the palm with the bottom end toward the finger. Leave in place throughout cleaning and during the procedure.

For burning or itching:
For insect bites or medications that cause burning or itching, put Buzzy® directly on the site. Rub or press in place until the area feels better.

For injections in the stomach:
Place the injection on a horizontal line between the belly button and Buzzy®.

Buzzy® controls pain on contact.
Place directly on injury or “between the brain and the pain” for procedures.

For Injections:
Place Buzzy® directly on the injection site for 30-120 seconds. Leave on longer for larger volumes or more painful injections. Move 2-3 cm proximal during injection and press in place. Closer to the injection is better.

For IVs or phlebotomy:
Do not put directly on the site of access. Activate, then hold or tuck Buzzy® under the tourniquet 3-5 cm above (proximal to) the access site. Clean site and access without delay. Optional: Pass tourniquet through the slot of Buzzy® XL to secure Buzzy® to arm.

For children:
Let children hold Buzzy® in advance for familiarity, and let them choose whether or not to use the ice pack. For vaccinating children sitting up, a parent can put an arm around the child’s shoulders and hold Buzzy® for them.

TIP: Place Buzzy®’s bigger rounded end as close as possible to the site of the procedure, with Buzzy®’s switch end furthest away. During the injection, move Buzzy® 2-3 cm toward the spine along nerve paths (dermatomes) as shown.

For additional placement information, please visit: bzy.fyi

T8
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